

Meridian Anti-Drug Coalition General Meeting Minutes Meridian Police Department December 15, 2016

Attendees (20): Hailey Arnold, Stacy Arnold, Natalie Marti, Monte Stiles, Brandon Frasier, Jeff Crabtree, Howard Davis, Mary Liz Jones, Katie Jepson, Jeanne Buschine, Robyn Ure, Natasha Hendrix, Kristi Lampe, Earl Scharff, Gary Waller, Stephany Galbreaith, Bethany Gadzinski, Kendall Nagy, David Gomez, Cheryl Mulvihill

TIME	SPEAKER & MEETING MINUTES	ACTION & PERSON(S) RESPONSIBLE
4:05 4:07	Cheryl Mulvihill, Coordinator <ul> <li>Welcome &amp; Introductions</li> </ul> <li>Stephany Galbreaith, MADC Secretary <ul> <li>Approval of Minutes</li> </ul> </li>	<ul> <li>sign-in sheet signed by all attendees / raffle tickets dispersed</li> <li>Motion by Monte Stiles, second by Earl Scharf, All approved</li> </ul>
4:10	Dr. Gary Waller, Serve for Health Dental Ministry	<ul> <li>Board member for a Nonprofit called Serve for Health. This program started five years ago. Dr. Gary Waller saw a need for dental care for those who are in need and could not afford dental care for themselves and/or their families.</li> <li>Help people who are in need and don't have insurance by offering them dental care.</li> <li>Currently focusing in Canyon County, however would like to help others build similar programs in other areas. The program is easily transferable to other communities.</li> <li>Once an individual shows they don't have insurance, they conduct four hours of community service for one of the provided options. The individual is then screened for priority and referred to a service provider. This service provider helps the individual pay for the dental work.</li> <li>21 dentists are part of Serve for Health. They provide free dental care for individuals who are underserved.</li> <li>If we have an individual who is in need of this service, have them contact George Keller at Nampa Smiles.</li> </ul>
4:20	SRO Updates	<ul> <li>CBD Oil has become more prevalent within the school. Some of the oil has tested positive for MDMB (a 4<sup>th</sup> generation synthetic cannabinoid typically found in Bath Salts).</li> <li>Monte Stiles: CBD and other Marijuana Extracts are illegal under new DEA Code.</li> <li>Cpl. Frasier: CBD oil doesn't have psychoactive properties, however many CBD oil</li> </ul>

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4:25	Monte Stiles, Initial Point Idea	<ul> <li>sellers use different drugs that do have psychoactive properties and call it CBD oil. Currently there is no quality or manufactured control.</li> <li>If CBD oil containing THC is consumed it should show up on a drug test that tests for THC.</li> <li>In an effort to increase youth leadership within MADC, this idea would allow youth to collaborate and brainstorm a possible event that would take place at Initial Point. Initial Point is the starting point for geographical lines for the entire state. It is a symbol of beginning. It would be symbolic of the prevention work MADC does here in Meridian and possibly used as a promotional video.</li> <li>Starting with Rocky Mountain High School to review idea with youth. Their reaction and enthusiasm (or lack of) will determine if this idea is moved forward.</li> </ul>
4:27	<ul> <li>Kendall Nagy, MADC Director</li> <li>Legislative Updates- CBD Oil Study</li> <li>Rx Drop Boxes</li> <li>By-laws Updates</li> </ul>	<ul> <li>Updates from Idaho Office of Drug Policy state: 37 Idaho children now are receiving Epidiolex a plant-based CBD oil through Idaho's Expanded Access Program (40 program spots have been provided), data from similar research programs being conducted around the country are showing some positive outcomes, according to the manufacturer, the Fast Track Designated drug likely will receive FDA approval in 2017, once FDA-approved patients will be able to access this CBD oil via a prescription from their physician at a pharmacy, insurance coverage of this medication is expected to be no different than any other medication purchased through a pharmacy, this is promising news since illicit marijuana products and oils sold via marijuana outlet or online are not covered by insurance and can be extremely expensive, patients will have access to a clean, consistent, quality-controlled medication versus a concoction of questionable content and purity</li> <li>Having FDA- approved CBD oil available would require no change or liberalization of Idaho drug laws.</li> <li>"Out of Sight, On the Mind: Decreasing Supply and Increasing Awareness:" ODP, ID Board of Pharmacy, Truth208 have submitted a Millennium Fund Proposal Requesting \$871,229.20 for:         <ul> <li>1)Retail Pharmacy mini grants to help build sustainability over a year</li> </ul> </li> </ul>

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4:34	Bethany Gadzinski, Evaluation Updates	<ul> <li>2)Drug drop off boxes and materials</li> <li>3)Truth208 campaign</li> <li>By-law updates have been approved. Can request a copy and will be post to the MADC website.</li> <li>(see attached for full results)</li> </ul>
		<ul> <li>Reality Party:</li> <li>Question 3) Pre survey most said it was "somewhat easy" and post survey most said it was "extremely easy"</li> <li>Question 5) shows that at least 60% of the parents have talked to their kids about teen parties, however 10% have never talked to their kids about teen parties.</li> <li>Question 10) 9% knew the social host ordinance law prior to the Reality Party, however 70% knew the social host ordinance law after the Reality Party</li> <li>Question 11) 18% know adults who host teen parties where alcohol is served. Officer Gomez suggests that we add "Adults, 21 and older" to the question so parents understand it includes young adults.</li> <li>Overall the Reality Party is working. Another idea is to add an additional survey monkey at 3 or 6 months post event.</li> <li>Prescription Drug Take Back Survey information:</li> <li>How are they hearing about RX Take Back events: Radio and TV</li> <li>89.7% have heard that prescription drug abuse among Meridian teenagers is a problem</li> <li>Positive Norm Statements discussion: positive norm statements from our latest DFC school survey:</li> </ul>
		<ul> <li>Alcohol</li> <li>Most junior and senior high school students in Meridian do not drink alcohol (79%)</li> <li>Meridian parents disapprove of underage alcohol use and their teens know it (89%)</li> <li>Most Meridian teens believe it is risky to drink alcohol (77%)</li> </ul>
		<ul><li>Marijuana</li><li>Most Meridian teens do not use marijuana (88%)</li></ul>

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		Meridian parents disapprove of marijuana use and their teens know it (87%)		
		<ul> <li>Prescription drug use</li> <li>Most high school students in Meridian don't abuse prescription drugs (96%)</li> <li>Meridian teens believe it is wrong for their friends to abuse prescription drugs (79%)</li> <li>Most Meridian teens believe it is risky to abuse prescription drugs (85%)</li> <li>Please share your favorites to Kendall so we can start putting together the positive social norms posters this Spring</li> </ul>		
4:55	Members & Guests: updates on MADC mission efforts and community events.	<ul> <li>Howard Davis: Cabin Fever Reliever at the Karcher Mall on Saturday February 4<sup>th</sup>, 2017 10am to 5pm. (MADC will have Natural High Booth at this event.)</li> <li>Natalie Marti: More information to come, working on a Think Twice youth conference.</li> <li>Hailey Arnold: living in Pocatello, currently working with Social Workers and will be discussing MADC at a social work conference</li> <li>Officer Gomez prevention tip: Help kids complete their homework. This builds personal skills and solves many things for these kids. This reinforces life skills.</li> </ul>		
5:00pm Meeting Adjourned. Thank you for being an active part of MADC, working to prevent substance abuse in our community!				

Happy and safe holidays to you and your loved ones!

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