

21 ATTENDEES: **(18 In-person)** Hailey Blogg, Kendall Nagy, Christy Boyes, Danielle Fanopoulos, David Phillips, Earl Scharff, Susie Stertz, Kati Chauvin, Sydney Nate, Anne Little-Roberts, Cheryl Mulvihill (& Mason), Terry Austin, Amaia Guerricabeitia, Gentry Lewis, Jake Lewis, Lacy Ooi, Jake Cluff **(4 Via Zoom)** Brenda Willson, Dawn Callaham, Kristi Lampe, Heather Allan

| TIME | SPEAKER AGENDA ITEMS | NOTES |
|------|--|--|
| 4:00 | Kendall Nagy, Director: Welcome & Introductions | (all) sign-in, introductions |
| 4:05 | Hailey Blogg, Secretary: 11/16/23 General Meeting Minute Vote (sent out via email) | (Secretary) record attendees, monitor Zoom, take minutes; special attention to action items & votes (all) vote to amend or approve minutes- motion, second, all in favor, anyone opposed? Motion to pass December's Meeting Minutes. 1 st – Earl 2 nd - Sydney. All in Favor. December Meeting Minutes Pass. |
| 4:10 | Guest Speaker: Lacy Ooi, MPD Code Enforcement Supervisor | (Lacy) Presenting on: Code Enforcement & Prevention (Prohibited Signs) (Kendall) We've had a few inquiries about a billboard in the city advertising a marijuana dispensary and thought it would be a good idea to have a speaker talk about the enforcement side of things. (Lacy) Works in Code Enforcement for the PD, Code Enforcement Officers investigate and enforce Meridian City Code Ordinances which include parcel zoning issues, permit violations and parking regulations. Code Enforcement Officers also work to prevent and abate nuisances on private property such as: weeds over 8 inches tall, junk properties, junk motor vehicles on private property, nuisance material dumped/leaked, and sidewalk obstructions. New Code Enforcement Officer and handles project relief is working on the current complaint with the billboard. Code Enforcement works within the Police Department but works with a lot of other city entities. There are a lot of different codes that we handle. Most of the calls code enforcement handles take a lot of contacts. The section we are talking about with the billboards is <u>Title 11</u> . It is a code for developers for minimum standards. The city only has a couple billboards and these billboards were annexed as non-conforming with the parcel. It is unknown how long the signs will be around. Our city's goal is to educate and prevent. If that does not work, we'll send a notice of violation and then the business or entity is given a date to comply. If they do not comply and their date is up, the complaint gets sent to court. Worked on amendments with this code, the responsible party for the sign had responded to previous enforcement efforts by citing a case law, the wording had to be changed to adhere to better clarify the sections of code to allow better enforcement. Federally they are not allowed to sell marijuana therefore these specific signs can currently be prohibited, the signs also could not direct people to something that is illegal in Meridian and occurring in the city but not if it is directed |



| | | in the state? I was wondering how that would change your workload? (Lacy) I am not aware of this legislation. If something went into state legislature banning it, officers would be able to cite on the spot and state legislation |
|------|--|--|
| 4:30 | Hailey Blogg, Secretary: Recovery Day Speakers CMB Training 2/21 | ceases city code. The codes are made for builders and were not written in terms of enforcement. (Hailey) Recovery Day Speakers: we are starting to prep and plan for Fall events. We are looking for a Recovery Day Speaker for the Annual Recovery Day Breakfast. If you have a suggestion for us to consider, please email madc@meridiacity.org. It will be on September 26th. Catch My Breath (CMB) Training 2/21; training 3 School Resource Officers on the 21^{st.} Still hoping to get the SROs in the classrooms. I met with Heather Bachman and |
| | Save My Family Volunteer Opportunity 2/26 | she thinks it is a great idea, so hopefully that will get implemented soon. Save My Family Volunteer Opportunity 2/26 – <i>Filled</i> , thank you Terry. Will be working Save My Family event at North Star Charter, MADC has worked this event in the past. We need one volunteer to help with the prevention education table. Event runs 6-8PM. There are flyers for those who are interested. (Kendall) As we move forward, expand, and regroup, we plan to have one staff member and as many MADC volunteers that are needed at each event. It will give general members more opportunities to volunteer and get out in the community. |
| 4:35 | Executive Committee, SRs Danielle, Youth Serving SR | Sector Representatives (SRs) Action Items: help identify people who might be interested in serving on the CEC (Danielle) Imagine by Northpoint is starting a Substance Use Disorder (SUD) Treatment program which assists 12-17-year-olds struggling with behavioral & mental health conditions. Participants in the Intensive Outpatient Program (IOP) are involved in the program three hours a session, three sessions per week. (See flyer at end of minutes for additional info.) |
| | Sydney, Youth SR | (Sydney) Discussed the Summer PSA, Natural High theme. (Kendall) We film a PSA that is shown in the village theatre during the Summer. |
| | David, Substance Abuse SR: Millennium Fund Update | (David) Millennium fund is similar to the opioid settlement, it is from tobacco companies that were advertising to minors. When helping run Community Coalitions of Idaho, we looked at the Millennium funding and found out it was very specific. Those funds are needed to keep prevention work going. Currently, there is \$12M from the funding going toward Medicaid. I did some digging and brought in some representatives from the legislature, and confirmed that the Millennium did send \$12M to Medicaid. That is because they are having a hard time finding tax dollars to allocate to Medicaid. I let my representatives know we should stop the funding to Medicaid this year and the funding should be going towards prevention. Has JFACT decided about this? (Kati) I am not sure, but legislators are very adamant about the Medicaid situation and are working with others to collaborate. There has been more conversation this year and it is looking hopeful. (Kendall) Watched the Millennium fund hearing when State Superintendent Debbie Critchfield stated they are collaborating with Idaho Office of Drug Policy (ODP). They are wanting to collaborate with Idaho State Police and providing funding to more rural communities. Such as School Resource Officers (SRO), vape detectors, best practices, etc. (Kati) A pretty significant portion was more funding towards SROs, it would be to initiate the SROs in schools and then |

Our mission is to strengthen our community through substance abuse prevention. Our vision is to build Meridian into a drug free community where people can safely live, work and raise a family.



| | we can allocate the money to get an SRO in the rural schools, that would be great for those schools. Another |
|-----------------------------------|---|
| | legislature update, the Fentanyl Bill (H406) is at the Senate. (Kendall) Fentanyl Bill passed the Senate today and |
| | is headed to the Governor. A great way to track legislation is through the ODP Legislature Bill Tracker |
| | Newsletter. |
| Jake, Religious SR | (Jake) I administer the Faith Ambassador's Council and I am working with West Ada School District (WASD) on a |
| | Mental Health Committee, there will be eight individuals/organizations on the committee. Do the Right Day is |
| | coming up. Sahand is working on a Do the Right Fair on April 4 th with WASD, which MADC will have a table at. |
| | The Mayor's Office has reviewed an initiative called Meridian Moves, centered on physical, mental, programs, |
| | and community. More to come. (Danielle) WASD Mental Health Committee, do you have a provider on the |
| | committee? (Jake) We have mentioned a variety of names. |
| Earl, Parent SR: National Lung | (Earl) Holy Apostles is wanting to plan a Rx Take-back. We will assess resources and determine how best to |
| Association, ID Report Card | partner with them. Ch. 6 wrote a story highlighting the National Lung Association saying Idaho isn't spending |
| | enough of its tobacco settlement money on smoking cessation programs. |
| Brenda, Healthcare SR: R4BHB/PINE | (Brenda) Region 4 Behavioral Health Board brought in new members (and still has open positions), did a board |
| Update | training, and the board is growing. Goal is to have some type of process to disperse funds, scholarships, |
| | outreach, etc. Partners in Networking Excellence (PINE), a group started for authentic networking and |
| | partnerships. Works on developing relationships professionally and personally. Shout-out to Hailey and Danielle |
| | for attending PINE Meetings. If you are interested in joining and have a passion in behavioral health you are |
| | welcome to join too. Exciting professional update, I started as a board member for Families and Youth of Idaho |
| | and was brought on for Director of Business Development and as of last Monday, I accepted the role as |
| | Executive Director. MADC is going to be an amazing resource for families and bring us all together in a different |
| | capacity. |
| Kati, Government SR: Expanding | (Kati) Working with WASD Drug Prevention Counselors looking to focus on prevention efforts in the next school |
| Prevention Partnerships | year. Want to do a parent night as one big event next year. Meeting with WASD April 30 th . Looking at ways to |
| | get parents to come. Working with WASD on CMB surveys – the surveys are extremely long and it has topics |
| | that are against our current legislation. Working with Yoonwa and Kylee and narrow that survey. (Hailey) Please |
| | connect with me. (David) What is so pressing about this survey? (Kati) It asks questions outside of vaping, for |
| | example, gender, race, personal questions. (Hailey) And the survey is 13 pages long. (Kati) WASD has a career |
| | tech program and has multiple different classes that come together, they have a contract with Project Filter. |
| | They created PSAs on vaping specific. Working on creating more PSAs, meeting March 29 th to discuss more |
| | ideas. CMB is under program called CATCH and there is now a substance misuse program. It goes from K-8 and |
| | 6-12. K-8 and it goes over understanding meds, how to refuse, etc. And there is a supplemental lesson is on |
| | fentanyl. (Hailey) Is that through CMB? (Kati) Yes, it's under the same curriculum. Also working on |
| | administering a survey through ID youth. There is data on all the permitted tobacco shops and see how many |



| | | tobacco/vape shops are close to schools. Created a map showing school and where the tobacco/vape shops to | | |
|-----------------------|---|---|--|--|
| | Susie, Civic SR | show to parents. (Susie) Red Ribbon Week comes before you know it, anyone doing anything for RRW get with Susie if you want | | |
| | | to request resources. Putting budget together after April. Please put your ideas out there and send them to me. | | |
| | | Fentanyl Bill passed senate and is at Governor's desk now. Look at Chief Basterrechea's Facebook page for | | |
| | | updates. | | |
| | Anne, Business SR | (Anne) No updates. | | |
| 4:45 | Kendall: 20 Yr. (Coins & Tees) | (Kendall) Challenge coins and t-shirts still available from the 20-Yr anniversary. Ch. 6 came and were present | | |
| | | throughout the entire event and Brenda and Sydney did a great job with their on-camera interviews. Click <u>here</u> | | |
| | | to view their coverage. Community Anti-Drug Coalitions of America (CADCA) also featured the anniversary, this | | |
| | | organization is worldwide. The event was recorded but we ran into some obstacles, the video/audio is not the | | |
| | Sector Rep. Opportunities (Media SR) | best quality but we wanted to capture everything. Watch the video <u>here</u> . Getting close to Coalition Executive | | |
| | | Committee (CEC) Sector Representative renewals, those positions is a year-long commitment. We have | | |
| | Movie Night Sponsor | examples of what that role entails if you are interested please let us know. Imagine by Northpoint is sponsoring | | |
| | Legislative Updates | us at Movie Night this Summer (Thank you!). A few legislative updates: Fentanyl bill <u>House Bill 406</u> passed and | | |
| | | is going to the Governor's desk, new bill <u>House Bill 559</u> introduced (now <u>HB 606</u>), amending existing law to | | |
| | | provide a penalty for possession of marijuana in an amount of less than 3oz, trying to bump the fine to \$420. | | |
| | | House Bill H440 is legislation that provides penalties for the sale or distribution of tobacco products or | | |
| | | electronic smoking devices to a minor. Uniform Controlled Substances (UCS) <u>House Bill 0435</u> amends existing | | |
| | | law to revise provisions regarding controlled substances. Fentanyl Testing Strips <u>House Bill 0441</u> , which states | | |
| | Upcoming: Save My Family 2/26, | fentanyl testing strips shall not be considered drug paraphernalia. To keep up with the Idaho Legislative Session | | |
| | Meridian Chamber, Leadership | subscribe to <u>ODP's Newsletter</u> . | | |
| | Meridian 3/7, Do The Right Fair 4/4, | | | |
| | Meridian Main Street Market 4/13, | Articles in the media that talks about Idaho Harm Reduction Project and seizure, the Boise Police Department | | |
| | Rx Take-back 4/27, Unplug & Be | and Caldwell Police Department took the lead on this investigation. | | |
| | Outside 5/18 | Disconsider in the second s | | |
| 4.55 | | Please <u>email</u> if interested in volunteer opportunities. (Early heads up, June meeting will be cancelled.) | | |
| 4:55 | Open Discussion: community partner | Listen & Learn, Suggested Podcasts: <u>New, Tall Cop Podcasts</u> <u>The Super in 10, Fentanyl in Idaho (Part 1)</u> | | |
| F • 00 • • • • | updates, feedback, etc. | Meridian Police Chief, Tracy Basterrechea | | |
| 5:00pm | 5:00pm Meeting Adjourned Next MADC Meeting: March 21 st , 2024 4PM at Meridian Police Department | | | |



IMAGINE'S SUBSTANCE USE DISORDER (SUD) TREATMENT



imagine



WHAT TO EXPECT DURING TREATMENT

Assisting 12 to 17 year-olds struggling with behavioral & mental health conditions. Participants in the Intensive Outpatient Program (IOP) are involved in the program three hours a session, three sessions per week.

DURING PROGRAMMING, EACH PERSON RECEIVES:

One time

- Comprehensive Assessment
- Orientation to the program for adolescent
 Discharge planning, including community and
- medical referrals
- Psychiatric evaluation

Ongoing

- Coordination of care with internal and external provider's
- Assessment of progress and needs
 Individual counseling
- Treatment planning and updates
- Ongoing monitoring of substance use
- Weekly reports for Probation (as needed)

Monthly

Follow-up with a psychiatric provider

Recommended

 Ongoing coordination of care with Family and Family therapy

THERAPY GROUP TOPICS INCLUDE:

- Dialectical Behavioral Therapy (DBT)
- Emotional regulation
- Mindfulness
- Distress Tolerance
- Interpersonal Effectiveness
- Harm reduction
- Healthy relationships (communication, boundaries,
- & understanding emotions)
- Relapse Prevention Planning
- Seeking Safety
- Cognitive Behavioral Therapy
 Psychoeducational group topics:
- Psychoeducational gra
 Self Esteem
- Stages of Change
- Healthy Living & Self Care
- Trigger's and Coping
- Honesty and Authenticity

